

Name: _____ Period: _____

Working Memory Copy

Header Content

1. **Summarize** Working Memory in one interesting sentence (use first person).

2. Give an **example** of excellent Working Memory with one creative sentence (a Redwood would not go amiss).



Main Working Memory Page Content

3. Finish the following sentences with 5 verb-filled, image-taking movie-shots of your life (e.g. action-filled images about Working Memory like “*I flipped through flashcards over and over until I memorized every word, even talisman*”).

Before I came to boarding school, my Working Memory looked like . . .

(a)

(b)

(c)

(d)

(e)

What kind of illustration do you want to use here?

Right now my Working Memory looks like . . .

(a)

(b)

(c)

(d)

(e)

What kind of illustration do you want to use here?

*In the **future**, I plan to wield my Working Memory skills
by . . .*

(a)

(b)

(c)

(d)

(e)

What kind of **illustration** do you want to use here?

Tricks Page Content

Watch: Nelson Dellis – Memory Champion 2011

http://www.youtube.com/watch?v=KxD_XQ7ltyA

How to Remember for Tests

<http://www.youtube.com/watch?v=rncitiqvXcg>

LBCC - Memory Tricks

<http://www.youtube.com/watch?v=Ulk9BCRA83Y>

LBCC - More Memory Tricks

<http://www.youtube.com/watch?v=I9Gv3IHxNs>

20 Memory Tricks You'll Never Forget:

How to retrain your brain. By Patricia Curtis from Reader's

Digest | March 2008

<http://www.rd.com/health/wellness/20-memory-tricks-youll-never-forget/#ixzz2PsuCVRGn>

4. **Memory Tricks:** Describe what you think are the 3-5 most useful tricks.

A.

B.

C.

D.

E.

5. Add your other Working Memory tricks here. What's something you really focused on and memorized?
