

Name: _____ Period: _____

Metacognition Copy

Header Content

1. **Summarize** Metacognition in one interesting sentence (use first person).

2. Give an **example** of excellent Metacognition with one creative sentence (a dryad would not be amiss).



Main Metacognition Page Content

3. Finish the following sentences with 5 verb-filled, image-taking movie-shots of your life (e.g. action-filled images about Metacognition like “*concentrating really hard for hours and hours playing golf on my xBox*”).
Score.

Before I came to boarding school, my Metacognition looked like . . .

- (a)
- (b)
- (c)
- (d)
- (e)

What kind of illustration do you want to use here?

Right now my Metacognition looks like . . .

- (a)
- (b)
- (c)
- (d)
- (e)

What kind of illustration do you want to use here?

*In the **future**, I plan to wield my Metacognition skills by*

...

(a)

(b)

(c)

(d)

(e)

What kind of **illustration** do you want to use here?

Tricks Page Content

Read: "reflection" <http://www.infed.org/biblio/b-reflect.htm>

Read: "Reflection for Learning"

<https://sites.google.com/site/reflection4learning/why-reflect>

4. **Reflection:** How does meaningful and thoughtful reflection **impact learning**?

To make a difference, what does reflection need to include?

How is learning with reflection **vastly different** from learning without it?

5. Add your other Metacognition tricks here. What's something you really analyzed and were able to grow from?
